

Application for Employment at *Satori Women's Health Club*

Name: _____

Address: _____

Contact Details H _____ M _____ or _____

E-mail address: _____

Car: Yes No

Position applying for:

Membership Consultant

Manager

Group Fitness Instructor

Nutritionist/Dietician

Personal Trainer

Other: _____

Tell us what you think . . .

What do you know about *Satori Women's Health Club*?

This job role would involve & why you could do it:

Qualifications

Please summarize your qualification below:

You will be asked to show documentation of the qualifications on interview.

Available times for work:

Our hours of operation are: Mon-Thursday 6am to 8:00pm, Friday 6am to 7pm, Sat 8 am – 2-00 pm and Sun 9am-12pm. The following are times that I AM available to work:

Monday _____

Tuesday _____

Wednesday _____

Thursday _____

Friday _____

Saturday _____

Sunday _____

When will these availabilities change _____

How often do they change? _____

Work Experience

Give an example of your work experience in each of the following.

a) *working in a team environment.*

b) *dealing with a difficult customer.*

c) *working with accountability.*

d) *working with systems.*

Study plans

Are you currently, or do you have plans to study or do a course? If yes, give details.

How will these plans affect your availability?

Specific Skills

Rate your experience in ALL the following tasks?

1= nil 2= some awareness 3= some experience 4= quite competent 5= able to do and teach

Give as much details as possible

Cardio-vascular programming	()	_____
Strength programming	()	_____
Personal training	()	_____
Front Desk multi-tasking	()	_____
Phone skills	()	_____
Computer skills	()	_____
Membership sales	()	_____
Cleaning	()	_____
Customer service	()	_____
Membership retention	()	_____
Staff management	()	_____
Marketing & Advertising	()	_____

Your Views and Opinions

How would past workmates describe your personality?

What does giving “awesome customer service” mean to you?

How would past workmates describe your work ethic?

What do you think “5-Star service” should look like and be?

Describe what team work means to you?

What is professional presentation and why do you consider it important?

What motivates you to get out of bed at 5am on cold, wet day and come to work?

If you meet all the requirements for your job, how should you be rewarded?

If you exceed the requirements for your job, how should you be rewarded?

Describe your ideal manager / co-ordinator.

Your health and fitness

Have you had any health or injury problems that could affect your capability to do normal duties in a health club? Be specific.

Have you ever joined a gym or health club? Yes No
If yes, how did you pay and how did you determine the membership was good value?

Goals

What are your personal goals for the next 6 months?

What do you want to achieve in the next 12 months?

Personal Style Survey

Instructions for responding

In the space provided below, identify those behaviours which are MOST -TO - LEAST characteristic of you in a work environment. Working left to right, assign '4' points to the **MOST** characteristic behaviour, '3' to the next most characteristic, then '2' and finally '1' to your **LEAST** characteristic behaviour. You may only have one of each number, on every line, so you must determine MOST -TO - LEAST characteristic.

For example: EXAMPLE

<u> 3 </u> Directing	<u> 4 </u> Influencing	<u> 2 </u> Steady	<u> 1 </u> Cautious
<u> </u> Directing	<u> </u> Influencing	<u> </u> Steady	<u> </u> Cautious
<u> </u> Self certain	<u> </u> Optimistic	<u> </u> Deliberate	<u> </u> Restrained
<u> </u> Adventurous	<u> </u> Enthusiastic	<u> </u> Predictable	<u> </u> Logical
<u> </u> Decisive	<u> </u> Open	<u> </u> Patient	<u> </u> Analytical
<u> </u> Daring	<u> </u> Impulsive	<u> </u> Stabilising	<u> </u> Precise
<u> </u> Restless	<u> </u> Emotional	<u> </u> Protective	<u> </u> Doubting
<u> </u> Accommodating	<u> </u> Persuading	<u> </u> Competitive	<u> </u> Curious
<u> </u> Assertive	<u> </u> Talkative	<u> </u> Modest	<u> </u> Tactful
<u> </u> Experimenting	<u> </u> Charming	<u> </u> Easy-going	<u> </u> Consistent
<u> </u> Perfectionist	<u> </u> Sensitive	<u> </u> Sincere	<u> </u> Forceful
<u> </u> Total	<u> </u> Total	<u> </u> Total	<u> </u> Total

What questions would you like us to answer for you?

1. _____

2. _____

3. _____

Please give three names and phones numbers for referees.

- 1. _____
- 2. _____
- 3. _____

Other

- 1. Feel free to attach any additional information (and optional photo) to this application that you feel might be of interest
- 2. Please send a copy of your certificates, relevant qualifications and work experience.
- 3. We may take up to three weeks to reply to your application.
- 4. Please check your contact details on the front page and indicate clearly if there are times that are best for us to contact you.

*Thank you for applying to work with us at
Satori Women's Health Club*